

CHAMP *Spirit*



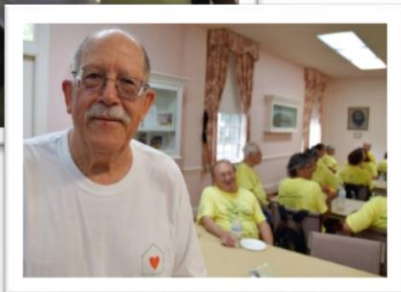
...but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

~ Isaiah 40:31

*A Weekly Newsletter Connecting the CHAMP Homes Community
Week of July 24, 2017*



Thank you to Chip Russo, my special guy, John Terry, (Elise wrote this 😊) our Champs and to all who participated in this year's **BOB MURRAY HOUSING WITH LOVE WALK**. It was another successful walk and we are so grateful to you



BETH WADE, Executive Director & DENENE SHIMKUS, Director of Programing were interviewed for the show, *Spectrum* by Doug Verney about CHAMP Homes.

If you would like to hear this interview, you can tune in on:

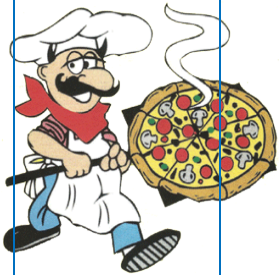
WEII 96.3 ~ Saturday, 6AM – 7AM

WCIB 101.9 ~ Sunday, 6AM – 7AM

WCOD 106.1 ~ Sunday, 7Am – 8AM

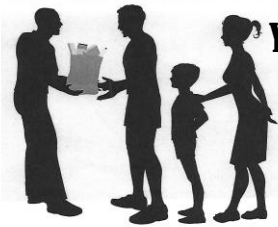
WXTK 95.1 ~ Sunday, 7Am – 8AM

July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>23. <u>JUSTICE</u></p> <p>Step 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.</p> <p><u>PERSERVERANCE</u></p> <p>Step 10. Continued to take personal inventory and when we were wrong promptly admitted it.</p> <p>CHEFS →</p>	<p>24. 12 PM – Reflections, Chapel</p> <p>3-4 PM ~ Crafts (Café)</p> <p>4 PM ~ HOUSE MEETING, COOK OUT</p> <p>5:45-6:45 PM ~ Bible Study, Chapel</p> <p>7 PM ~ AA, Chapel</p> <p><i>Lauren</i></p>	<p>25. Walking 9:30-10:30 AM</p> <p>12 PM – Reflections, Chapel</p>	<p>26. Yoga 9-9:30 AM 4-5 PM</p> <p>Empowerment 12 PM – Reflections, Chapel</p>	<p>27. Intake day 11 AM-2 PM</p> <p>12 PM – Reflections, Chapel</p> <p>7 PM ~ AA, Chapel</p>	<p>28. 12 PM – Reflections, Chapel</p> <p>Game Hour 3:30-5 PM</p>  <p>Pizza Night</p>	<p>29. 12 PM – Reflections, Chapel</p>



<p>30. <u>SPIRITUALITY</u></p> <p>Step 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.</p>	<p>31. 3-4 PM ~ Crafts (Café)</p> <p>5:45-6:45 PM ~ Bible Study, Chapel (Fruit of the Spirit)</p> <p><i>TBA</i></p>
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You're invited to our 13th annual FREE DAY!

Saturday, August 19, 2017, 9:00am – 1:00pm
 at Cape Cod Church of Christ
 493 Race Lane, Marstons Mills
 (508)428-8799

EVERYONE WELCOME!

All items are FREE!
CLOTHING, SCHOOL SUPPLIES, HOUSEHOLD ITEMS AND FOOD.

NEW RESIDENTS Kristen McKenzie and Bill Dunn have joined our CHAMP family. **WELCOME!**

<p><u>SERVICE</u></p> <p>Step 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to other alcoholics and to practice these principles in all our affairs.</p>

THIS MONDAY THE 24TH AT 4:00 PM is our required House Meeting and we are going to be having a **COOK OUT** by the Pavilion. Please be sure to remind other residents especially our new ones, and don't forget to bring your appetite.

FRESH NEW OPPORTUNITY

Your past disappointments have now released you. Today you are free to achieve. Even if you have failed a thousand times, now you are positioned to succeed. Get busy and get it done. Walk away from the excuses that have enabled you to hold yourself back. Now you can direct the strength of your will toward positive purpose. Consider what a precious gift your life is. Feel the power as you put your love of life to action. Every outer weakness you can transform into an inner strength. With that strength, guided by love, give birth to new goodness, achievement, richness. Negativity has lost its power to distract you. Grab the fresh new opportunity of now and run with it. ~ Ralph Marston